

Recreation & Leisure
Lesson Plan—Developing
Going to a Park

Instructional Area: Leisure Community Home Living / Daily Living
Ability Level: Emerging Developing Mastery

Topic / Skill Outcome:

- Plan to go to a park

Learning Area(s):

- Literacy
- Communication
- Physical Education / Recreation & Leisure

Purpose of Lesson / Objective:

- Match outdoor interests with a park

Materials / Equipment / Environment:

- Park District Discoveries Guide
- A computer with Internet access to go on their web site
- Telephone with numbers of the various Nature Centers
- Classroom.

Group Size: 2-4 **Time Required:** Two 45 minute sessions

Lesson Procedure:

Lesson One:

1. Locate a Park District Discoveries Guide
2. Look at the Park offerings
3. Decide what you want to do
4. Register online or by calling the Nature Center if needed

Lesson Two:

1. Locate computer that has Internet access
2. Find the Internet browser and log on—for example, AOL; Netscape; Explorer; etc.
3. Type in web URL for
4. Browse web page to match interests
5. Register online if necessary

Carry Over / Related Activities:

- Learn how to make a phone call
- Practice calling various nature centers or parks for information
- Practice calling to register for any activity, if needed
- Learn how to get onto the Internet
- Learn how to type in web URL
- Learn how to browse web page
- Buy a pass to enter parks for free
- The Minnesota State Park system has similar activities offered throughout the parks in the state. The web URL is: www.dnr.state.mn.us/state_parks/

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- Minnesota Explorer, from the Minnesota Office of Tourism, sends out a paper of activities, celebrations, festivals, arts, and sports. The web URL is: www.exploreminnesota.com The telephone number is: 651-296-5029 in the Twin Cities area.
- The telephone number is: 800-657-3700 from USA & Canada

Supporting Activities / Possible Adaptations:

- Use pictures/symbols of outdoor interests
- Have web URL written down to use as a model
- Have phone number(s) written down to call park offices/nature centers
- Get a copy of the park guide sent to school/home of students
- Highlight three parks closes to student's home that they could access
- Make a picture representation of park offerings to help students match outdoor interests with the different parks

Strategies for Participation:

- Use pictures to help students match outdoor interests with various park offerings

Student Reaction / Evaluation:

- Use outdoor activity assessment to match interests and chosen activities
- Ability to browse web page more independently
- Students are able to decide which park they want to go to based on discovered information