

HOME LIVING / DAILY LIVING

Sub Area: Hygiene Skills Inventory

Skill	Rating						
	Emerging		Developing			Mastery	
	1	2	3	4	5	6	7
Feminine Hygiene							
Gets supplies							
Opens bathroom/stall door							
Enters bathroom/stall							
Closes bathroom/stall door							
Secures/latches bathroom/stall door							
Lowers pants and underwear							
Sits on toilet							
Removes used pad							
Wraps used pad in toilet paper							
Disposes of used pad in appropriate container							
Unwraps new pad							
Removes adhesive strips							
Places new pad in underwear							
Pulls up underwear and pants							
Flushes toilet							
Unlatches bathroom/stall door and exits							
Washes hands							
Dries hands							

HOME LIVING / DAILY LIVING

Sub Area: Hygiene Skills Inventory

Skill	Rating						
	Emerging		Developing			Mastery	
	1	2	3	4	5	6	7
Shaving legs							
Removes shaver from container							
Turns on shaver							
Pulls shaver up outside of right calf							
Pulls shaver up center of right calf							
Pulls shaver up inside of right calf							
Pulls shaver up back of right calf							
Shaves right knee							
Pulls shaver up outside of left calf							
Pulls shaver up center of left calf							
Pulls shaver up inside of left calf							
Pulls shaver up back of left calf							
Shaves left knee							
Turns off shaver							
Stows shaver							
Combing/Brushing hair							
Obtains comb/brush							
Holds comb/brush in dominant hand							
Looks in mirror							
Combs/brushes front hair forward							
Combs/brushes right side							
Combs/brushes left side							
Combs/brushes back hair down							
Checks in mirror							
Fixes hair if necessary							
Puts comb/brush away							

HOME LIVING / DAILY LIVING

Sub Area: Hygiene Skills Inventory

Skill	Rating						
	Emerging		Developing			Mastery	
	1	2	3	4	5	6	7
Toileting							
Goes to bathroom							
Selects an available stall							
Enters stall							
Closes door							
Secures/locks door							
Unsnaps pants							
Unzips pants							
Pulls pants down (or, for males only; unzips for urination)							
Sits down							
Toilets							
Unrolls needed amount of toilet paper							
Tears toilet paper							
Wipes until clean							
Puts toilet paper in toilet							
Stands up							
Flushes toilet							
Pulls pants (or zipper) up							
Buttons Pants							
Snaps pants							
Unsecures/unlocks door and exits							
Opens door							
Washes hands							
Dries hands							

HOME LIVING / DAILY LIVING

Sub Area: Hygiene Skills Inventory

Skill	Rating						
	Emerging		Developing			Mastery	
	1	2	3	4	5	6	7
Shaving							
Go to sink area							
Gets shaving cream							
Gets razor							
Turns on water							
Wets face							
Puts on shaving cream							
Shaves left side							
Rinses razor as needed							
Shaves chin							
Shaves neck							
Shaves right side							
Checks face in mirror for any missed areas							
Rinses razor							
Rinses hands							
Puts razor away							
Washes/wipes face as needed							

HOME LIVING / DAILY LIVING

Sub Area: Hygiene Skills Inventory

Skill	Rating							
	Emerging		Developing			Mastery		
	1	2	3	4	5	6	7	
Brushing Teeth								
Gets out toothbrush, toothpaste, cup								
Gets toothbrush								
Turns on water (cold)								
Wets brush								
Turns off water								
Gets toothpaste								
Opens toothpaste								
Dispenses appropriate amount onto tooth brush								
Closes toothpaste								
Puts teeth together, lips apart								
Brushes front								
Brushes left side								
Brushes right side								
Opens mouth								
Brushes top left								
Brushes bottom left								
Brushes top right								
Brushes bottom right								
Spits out paste								
Turns on water								
Rinses brush								
Gets drink/rinses mouth								
Turns off water								
Wipes off mouth and hands								
Puts away toothbrush, toothpaste, cup								
Dries face and hands if needed								