

Home Living / Daily Living

Lesson Plan—Developing

Selection of Outfit

Instructional Area: Leisure Community Home Living / Daily Living
Ability Level: Emerging Developing Mastery

Topic / Skill Outcome:

- Hygiene- clothing

Learning Area(s):

- Literacy
- Communication
- Math and Science
- Personal Resource Management

Purpose of Lesson / Objective:

- Ability to select outfit in correct size and personal preference with minimal assistance

Materials / Equipment / Environment:

- Fashion magazines
- Paper
- Pencils
- Outing to a clothing store
- Transportation
- Money

Group Size: 1-5

Time Required: 1 hr prep/2hrs outing

Lesson Procedure:

1. Look through magazines and discuss student's likes and dislikes
2. Discuss an outing to a clothing store to purchase one item of clothing
3. Have student suggest / find a picture / write down ideas of what they want to buy
4. Discuss their clothing size
5. Discuss the amount of money that would be appropriate to spend
6. Plan an outing to a clothing store
7. Have student select and try on an outfit
8. Have student purchase the outfit
9. Take photos and create your own fashion show / catalogue

Carry Over / Related Activities:

- Students can watch fashion shows; make a fashion collage of their likes and dislikes
- Students give each other suggestions / opinions about each others clothes
- Students can discuss their favorite TV or Movie characters and their clothes / fashion

Supporting Activities / Possible Adaptations:

- Students can indicate / discuss what clothes they like
- Staff can encourage / model / give assistance to students in trying on clothes
- For a sensory activity student can wash clothes and staff can talk about proper care

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Strategies for Participation:

- Have students bring in pictures or some of their favorite clothes
- Have students help each other in locating and identifying their “likes” regarding clothing

Student Reaction / Evaluation:

- Purchase of the clothing