

Home Living / Daily Living

Lesson Plan—Mastery

Cooking

Instructional Area: Leisure Community Home Living / Daily Living
Ability Level: Emerging Developing Mastery

Topic / Skill Outcome:

- Cooking
- Produce a finished product using practiced kitchen/recipe skills

Learning Area(s):

- Math & Science
- Personal Resource Management
- Literacy

Purpose of Lesson/Objective:

- Use learned and practiced cooking skills in order to put together a finished product. (In this case, the student will choose a "recipe in a jar" project.)

Materials / Equipment / Environment:

- Food ingredients called for in the chosen recipe
- A pint or quart size canning jar (depending on the recipe chosen)
- Measuring utensils
- Recipe cards
- Cloth, ribbon, etc. for decorating the finished product

Group Size: 3-6

Time Required: Will Vary

Lesson Procedure:

1. Student will identify and write a list of needed ingredients for the chosen recipe
2. Student will gather the utensils needed for measuring the ingredients
3. Student will identify other materials needed to complete the project (jar, decorating materials, recipe card)
4. Student will accurately measure all ingredients and put in jar according to recipe specifications
5. Student writes a recipe card with the directions for preparing the recipe (may use a model to copy the recipe)
6. Student will "practice" presenting the "recipe in a jar" project – sharing their learning experience and explaining how they made it

Carry Over / Related Activities:

- Choose another recipe in a jar project
- Plan to give finished product as a gift

Supporting Activities / Possible Adaptations:

- Students may need verbal cues or physical assistance for some or all steps of the lesson procedure

Strategies for Participation:

Best Practices Clearinghouse Grant - 2003
DCD Collaborative Curriculum Project
Intermediates 916, 917, and 287
<http://www.integratingstandards.org>

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- Talk about the finished product and show a sample, if available, before students begin their project
- Go over the procedure necessary to produce the finished project
- Discuss possibilities of what students can do with their finished project. For example, they may want to give it to their parents as a gift

Student Reaction/Evaluation:

- Keep data on how independently each student was able to carry through with the lesson procedure