

**Home Living / Daily Living
Learning Continuum
Hygiene Curriculum**

Learning Areas	Emerging	Developing	Mastery
Literacy	<ul style="list-style-type: none"> • Participates in activities that address concepts such as up/down, right/left, top/bottom • Views/Listens to video of grooming • Receives and interprets information about daily hygiene and grooming tasks from a variety of media, • Picks clothing color • Understands pictures/signs for grooming 	<ul style="list-style-type: none"> • Learns how to use supplies needed for grooming • Distinguishes hot/cold faucets • Recognizes public bathrooms • Demonstrates awareness of current fashion • Matches clothes in respect to color, • Picks out clothes at home • Identifies colors of personal toothbrush and comb • Shops for clothes • Signs or points to picture board sequence of grooming steps with assistance 	<ul style="list-style-type: none"> • Demonstrates understanding of use of a variety of grooming products • Uses products according to instructions • Dresses and grooms appropriately for different community events • Expresses own unique style • Selects fashion catalogues/magazine • Signs/points to picture board sequence of grooming steps independently
Communication	<ul style="list-style-type: none"> • Indicates body parts, • Communicates steps for hygiene/restroom routine, using personal mode of communication • Communicates needs for hygiene/restroom 	<ul style="list-style-type: none"> • Demonstrates a hygiene sequence • Makes a shopping list of grooming products using personal mode of communication 	<ul style="list-style-type: none"> • Makes grooming appointment • Performs a hygiene task • Shops for grooming supplies in store • Organizes and follows personal calendar

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Math and Science	<ul style="list-style-type: none"> • Indicates amounts of shampoo, soap, toothpaste that are needed, • Counts strokes for teeth brushing, or uses timer for teeth brushing • Identifies reasons to keep clean • Identifies a variety of hygiene products • Tolerates use of different products • Uses basic medical terms to accurately describe common medical issues • Indicates hot and cold • Demonstrates understanding of germ or disease transmission • Demonstrates understanding of different hand washing stations • Demonstrates awareness of body parts 	<ul style="list-style-type: none"> • Keeps a menstrual calendar • Uses amounts of grooming products such as deodorant, make-up, cologne • Measures bath water • Indicates what constitutes excessive amounts • Samples effectiveness of different products • Understands or is aware of the differences between male and female • Experiments and accepts different hair and cosmetic styles • Uses or accepts hairdryer • Demonstrates awareness of bodily changes in puberty 	<ul style="list-style-type: none"> • Follows a bathing schedule • Performs a hygiene task • Uses appropriate amounts of products • Finds male/female bathrooms independently • Develops a preference for grooming/hygiene products • Demonstrates knowledge of gender specific tasks such as menstrual care, shaving • Uses basic medical • Terms to accurately describe common medical issues
Social Studies	<ul style="list-style-type: none"> • Demonstrates awareness of socially acceptable presentation of self in public (using a tissue for blowing nose, eating with mouth closed, washing hands, indicating when 	<ul style="list-style-type: none"> • Demonstrates awareness of bad hygiene and self-correct 	<ul style="list-style-type: none"> • Notices cultural differences, determines appropriate dress, demonstrates appropriate table manners in different settings, uses menu and orders from it • Understands need for privacy

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	burping/passing gas is acceptable)		
Physical Education & Recreation Leisure Skills	<ul style="list-style-type: none"> • Tolerates sensation of water/brushing, shows partial motor participation in hygiene routine, outside clean up 	<ul style="list-style-type: none"> • Knows steps for washing/showering, awareness of gym dress, knows when to apply deodorant/take bath, dresses appropriately, uses restroom independently • States two habits that promote dental health 	<ul style="list-style-type: none"> • Self monitors need for deodorant/shower/cologne, takes part in restorative grooming after exercise
Personal Resource Management	<ul style="list-style-type: none"> • Demonstrates awareness of items you may purchase for grooming • Follows steps of grooming routine • Follows steps of grooming routine with picture symbols • Participates in grooming routine 	<ul style="list-style-type: none"> • Shops with assistance, chooses correct aisle, chooses brands that he/she prefers, name and states use of two grooming products • Begins appropriate grooming activity associated with a given grooming tool (toothbrush, etc) 	<ul style="list-style-type: none"> • Shops with list, compares costs/range of hygiene products, shops using catalogue/sales magazine • Initiates daily grooming routine at specific times