

**Community Participation  
General Skills Inventory  
Grocery Shopping**

Skills	Rating						
	Emerging		Developing			Mastery	
	1	2	3	4	5	6	7
<b>Getting Started (1 of 2)</b>							
Determines what items need to be purchased							
Determines spending limit							
Estimates costs for shopping trip							
Makes adjustments between spending limit and desired purchases							
Prepares lists using logos, ads, computer programs, catalogues, and/or written							
Organizes list by departments/aisles							
Reviews shopping list							
Compares list to food supplies at home							
Checks store coupons							
Cuts out coupons and places them with list (takes)							
Checks sale flyers							
Decides which store to shop at							
Determines when to leave							
Arranges for transportation (public or private)							
Dresses for appearance							
Dresses for weather (outer clothes appropriate for weather)							
Collects personal belongings (purse and/or wallet, money, ID card)							
Puts shopping list in pocket or wallet							
Puts coupons in purse or pocket							
Gets money ready							
Checks personal appearance and adjusts if needed							
Checks house over							
Locks and leaves house							
Enters vehicle							
Puts on seat belt							
Travels to store maintaining appropriate behavior							
Exits vehicle							
Walks through parking lot to the store entrance							
Enters store							
Demonstrates appropriate behavior in store							
Loosens clothing in winter							
Gets empty cart or basket							
Leaves entrance area							
Takes personal responsibility for wallet, money, ID							



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<b>Shopping Specific Skills (1 of 2)</b>							
Walks through aisles carefully							
Locates departments within a large grocery store							
Locates produce section							
Locates dairy section							
Locates meat section							
Locates fish section							
Locates deli section							
Locates beverage section							
Locates bakery department							
Locates frozen food section							
Locates canned vegetables and fruits							
Locates diet section							
Locates dried food sections							
Locates condiment section							
Locates bakery section							
Locates section with dressings, peanut butter and jams							
Locates section with paper products							
Locates beverage section							
Locates cereal section							
Locates section with laundry products							
Locates pasta, rice and dried beans							
Locates house wares section							
Locates section with personal care items							
Locates section with paper products							
Locates snack section							
Locates pharmacy							
Locates section in an aisle where an item is located							
Locates a specific brand							
Locates the correct size of the brand							
Locates the correct weight of the item							
Checks condition of package							
Considers how much to buy							







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<b>Conclusion</b>							
Selects shortest checkout lane							
Goes to express lane, if eligible							
Goes to end of line							
Waits patiently in line							
Goes ahead as line moves							
Gets money ready							
Puts divider down when conveyer belt has room							
Takes items from cart and puts them on counter							
Greets cashier							
Selects paper or plastic bag							
Puts fragile items on top							
Packs items carefully in cart in bags or waits for bagger							
Waits patiently while cashier rings up purchases							
Readies money or prepares check							
Pays cashier appropriate bill, combination of bills, or check							
Waits for receipt and change							
Counts change for accuracy							
Shows ID when asked							
Takes and carries bag and belongings							
Leaves store							
Loads shopping bags in vehicle							
Returns cart to cart corral							
Enters vehicle							
Takes transportation home maintaining appropriate behavior while in vehicle							
Exits vehicle							
Unlocks door and enter home							
Goes to designated location and puts shopping bags down							
Unloads items out of bag upon arrival home							
Puts items away in appropriate locations in cupboards, closets, under sink etc.)							
Stores perishable items correctly							
Discards unneeded packing							
Puts away bags and shopping cards							
Discards unneeded packing							

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Puts away bags and shopping cards									
Stores purse, ID, etc. in a place so they can be found									